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Prof. A.P. Sharma
Founder Editor, CIJE
(25.12.1932 - 09.01.2019)



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Using the Eight Limbs of Yoga in Psychotherapy:
A Phased Model

in Chetana International Journal of Education (CIJE)
in Multidisciplinary approach.

July-Sept. 2026, Volume-11/03, Page No. 06-10

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