



**CHETANA**  
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Prof. A.P. Sharma  
Founder Editor, CIJE  
(25 12 1932 - 09 01 2019)



## Certificate of Publication

This is to certify that

**Mr. Mangal Singh**

Published an article/research paper title

**Effect of Pranayama on Football Players**

in Chetana International Journal of Education (CIJE)  
in Multidisciplinary approach  
Oct.-Dec. 2025, Volume-10/04, Page No. 100-103

**Dr DP Singh**

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