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Prof. A.P. Sharma
Founder Editor, CIJE
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This is to certify that

Mr. Shiv Kumar

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The Role of Yoga in Promoting Physical Fitness and
Mental Well-Being among Youth: A Theoretical Perspective

in Chetana International Journal of Education (CIJE)
in Multidisciplinary approach

Oct.-Dec. 2025, Volume-10/04, Page No. 71-74

Dr DP Singh

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